



# PUSHING PAST YOUR PAIN

JULY SERMON SERIES



# The Usefulness of Pain

## Lesson Two

**Myth: If you ignore your  
pain it will go away.**

**Pain is a tool God uses for  
our good and His glory.**

# **Five Ways God Uses Pain For Our Good and His Glory.**

**I. GOD USES PAIN TO  
MOTIVATE US.**

**To motivate means to give an incentive for action; incite, prompt, propel, move, give rise to; cause to happen or occur, "cause a commotion"; "make a stir."**

**Prov. 20:30 (GN), Sometimes it  
takes a painful experience to  
make us change.**



**Pain forces us to change when  
we do not want to change.**

## **II. GOD USES PAIN TO MANAGE US.**

**To manage means to handle or direct with a degree of skill: bring about or succeed in doing something, influence or take charge.**

**Psa. 119: 71-72 (NIV),** It was good for me to be afflicted so that I might learn your decrees. The law from your mouth is more precious to me than thousands of pieces of silver and gold.

**Painful experiences are  
teaching tools.**

**“We can ignore even pleasure. But pain insists upon being attended to. God whispers to us in our pleasures, speaks in our conscience, but shouts in our pains: it is His megaphone to rouse a deaf world.”**

**C.S. Lewis**

**Hebrews 12:7 (LB) “Let God train you, for He is doing what any loving father does for his children. Whoever heard of a child who was never corrected?”**

**Hebrews 12:11 (NET), Now all discipline  
seems painful at the time, not joyful.  
But later it produces the fruit of peace  
and righteousness for those trained  
by it.**



# **III. GOD USES PAIN TO MEASURE US**

**To measure means to estimate or assess the extent, quality, value, or effect of (something).**

**God uses pain to see what  
we are like on the inside.**

**“Human beings are like  
teabags. You do not know your  
own strength until you get into  
hot water.”**

**Isa. 48:10 (NIV) "I have tested  
you in the furnace of affliction."**

**James 1:2-3 (MES), "...tests and challenges come at you from all sides. (And) you know that under pressure your faith life is forced into the open and shows its true colors."**

# **IV. GOD USES PAIN TO MONITOR US.**

**To monitor means to watch or notice, to check to see that all is going well. Someone who gives a warning so that a mistake can be avoided.**



**Sometimes God uses pain to  
protect us from something  
worse happening to us -  
sometimes far worse.**

**Gen. 50:20 (NIV) "You intended to harm me, but God intended it for good."**

**“The greater the pain, the  
greater the privilege.”**

**V. GOD USES PAIN TO  
MATURE US.**

**To mature means to fully  
grown or developed.**

**“We grow deeper and far greater in  
the valleys rather than on the  
mountaintops.”**

**James 1:4 (LB), "For when the way is rough your patience has a chance to grow. So, let it grow, and don't try to squirm out of your problems, then you will be ready for anything, strong in character and complete."**

**“God loves us too much to  
bless us too quick.”**



**“But you will never know if  
Jesus is all you need until  
Jesus is all you have. When  
Jesus is all you have, then you  
discover that Jesus is all you  
need.”**

# Self Evaluation

God Uses Pain To:

- Motivate
- Manage
- Measure
- Monitor
- Mature

**“ Your WORST day with God  
will be better than your  
BEST day without Him.”**